

Curriculum Vitae – David Borenstein, MD

Manhattan Integrative Medicine - NYC

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Dr. David Borenstein obtained his medical degree from the Technion Faculty of Medicine in Haifa, Israel and completed his internship at Staten Island University Hospital. He has completed residencies at University Hospital at Stony Brook; Westchester County Medical Center; and St. Charles Hospital and Rehabilitation Center.

During the course of his career, he has attended numerous specialized training courses in order to expand the scope of his medical expertise. He is board certified in Physical Medicine and Rehabilitation, certified in Medical Acupuncture, and is a member of numerous professional societies.

Dr. Borenstein has held many prestigious clinical appointments and positions in leading medical facilities. He has been published in the European Journal of Ultrasound and has been the Chief Investigator on a research project on Spinal Cord Injuries. He has conducted medical missions in North Korea, Ghana, Cuba, and other countries.

After his residency, Dr. Borenstein was involved with an integrative medical center and became impressed by the effectiveness of the treatments that were offered there. The experience led him to incorporate integrative approaches – including prolotherapy and stem cell therapy — into his medical practice. Getting to know his patients, listening to them, and understanding the symptoms are the starting points for his treatment protocols.

Dr. Borenstein's areas of specialization do not exist in isolation – patients are diagnosed and treated in an integrative manner to promote both the overall recovery and continuing good health. In his own words, his "greatest feeling of accomplishment comes from helping make real changes in people's lives, especially after they've been through a difficult time."

PROFESSIONAL SUMMARY

Manhattan Integrative Medicine – New York, NY

Practice Owner

June 2011 – present

David Borenstein, MD, PC – Brooklyn, NY

Private Practice

August 2005-June 2011

SUNY at Stony Brook – Stony Brook, NY

Clinical Assistant Professor

February 2005 – Present

Kellman Center for Progressive Medicine – New York, NY

Attending Physician

October 2002 – August 2005

Industrial Medicine Associates, PC – Holbrook, NY

Physician

September 2001 – January 2003

Veterans Administration Medical Center – Northport, NY

Attending Physician

July 2000 – August 2001

RESIDENCIES

St. Charles Hospital & Rehabilitation Center – Port Jefferson, NY

SUNY Stony Brook Department of Physician Medicine & Rehabilitation

Chief Resident

June 1999 – June 2000

Westchester County Medical Center – Valhalla, NY

Department of Radiation Medicine

Resident

June 1997

Staten Island University Hospital – Staten Island, NY

Department of Medicine

Intern

June 1996

CONTINUING EDUCATION

UCLA – Berkley, CA

Medical Acupuncture for Physicians – Training Course

June 2002

Kessler Institute for Rehabilitation – West Orange, NJ

Upper and Lower Prosthetics and Orthotics – Annual Training Course

March 2001

Kessler Institute for Rehabilitation – West Orange, NJ

Kessler Manual Medicine Course

September 2000

EDUCATION

Technion Faculty of Medicine – Haifa, Israel

Doctor of Medicine

June 1995

Touro College – Dix Hills, NY

Master of Arts – Physical and Biological Services

September 1991

State University of New York at Stony Brook – Stony Brook, NY

Bachelor of Arts – Political Science

May 1989

CERTIFICATIONS

Certified Acupuncturist

June 2002

American Board of Physical Medicine and Rehabilitation

Board Certification

June 2001, Recertified 2011

LICENSURE

New York License # 210699

PUBLICATIONS

Borenstein, David R.; “Hemodynamic Performance of Four Mechanical Bileaflet Prosthetic Valves in the Mitral Position: An Echocardiographic Study.” *European Journal of Ultrasound*. 199; 8; 193-2.

TV

Fox News with Dr. Manny 2016

RADIO

WCBS 880 with Pat Farnack 2017

RESEARCH

Pfizer Pharmaceuticals

Chief Investigator: A Controlled Trial Evaluating the Effect of Sildenafil on Sexual Functioning in Patients with Spinal Cord Injury

PROFESSIONAL MEMBERSHIPS

American Academy of Physical Medicine and Rehabilitation

New York State Medical Society

America Academy of Anti-Aging Medicine

MEDICAL MISSIONS

Medical missions to North Korea, Ghana, and Cuba.

SPEAKING ENGAGEMENTS

Naval Expo – Prolotherapy: Allowing the Body to Self-Repair Damaged Joints and Ligaments
2015

New York Open Center for Holistic Health

Guest speaker at numerous workshops on thyroid health, adrenal health, weight loss, perimenopause and menopausal health, with patient advocate and author Mary Shomon
2009 – present

AIG Insurance Company – Medical Necessity of Imaging and Diagnostic Testing
April 2005

New York State Self-Insured Associated – Acupuncture in a Workers Compensation Setting
January 2003

FEATURED IN THE MEDIA

Documentary Film

Featured in the Guggenheim Fellowship Award-winning documentary, “Sick to Death,” by Maggie Hadleigh-West

Book

Featured/quoted in *Beautiful Inside and Out: Conquering Thyroid Disease with a Healthy, Happy, “Thyroid Sexy” Life*, by Gena Lee Nolin and Mary Shomon, published by Simon & Schuster/Atria Books

Print

[The Huffington Post – October 2015](#)

Woman’s Day Magazine

Epoch Times

Radio

Joan Hamburg Radio Show – WOR 710 AM, New York City
Blog Radio Network

Online

About.com Thyroid Site

HypothyroidMom.com

Everydayhealth.com

AOL.com

GenaLeeNolin.com/ThyroidSexy