

# Curriculum Vitae – David Borenstein, MD

*Manhattan Integrative Medicine*

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Dr. David Borenstein obtained his medical degree from the Technion Faculty of Medicine in Haifa, Israel and completed his internship at Staten Island University Hospital. He has completed residencies at University Hospital at Stony Brook; Westchester County Medical Center; and St. Charles Hospital and Rehabilitation Center.

During the course of his career, he has attended numerous specialized training courses in order to expand the scope of his medical expertise. He is board certified in Physical Medicine and Rehabilitation, certified in Medical Acupuncture, and is a member of numerous professional societies.

Dr. Borenstein has held many prestigious clinical appointments and positions in leading medical facilities. He has been published in the European Journal of Ultrasound and has been the Chief Investigator on a research project on Spinal Cord Injuries. He has conducted medical missions in North Korea, Ghana, Cuba, and other countries.

After his residency, Dr. Borenstein was involved with an integrative medical center and became impressed by the effectiveness of the treatments that were offered there. The experience led him to incorporate integrative approaches – including prolotherapy and stem cell therapy – into his medical practice. Getting to know his patients, listening to them, and understanding the symptoms are the starting points for his treatment protocols.

Dr. Borenstein's areas of specialization do not exist in isolation – patients are diagnosed and treated in an integrative manner to promote both the overall recovery and continuing good health. In his own words, his "greatest feeling of accomplishment comes from helping make real changes in people's lives, especially after they've been through a difficult time."

## PROFESSIONAL SUMMARY

**Manhattan Integrative Medicine – New York, NY**

***Practice Owner***

June 2011 – present

**David Borenstein, MD, PC – Brooklyn, NY**

***Private Practice***

August 2005-June 2011

**SUNY at Stony Brook – Stony Brook, NY**

***Clinical Assistant Professor***

February 2005 – Present

**Kellman Center for Progressive Medicine – New York, NY**

***Attending Physician***

October 2002 – August 2005

**Industrial Medicine Associates, PC – Holbrook, NY**

***Physician***

September 2001 – January 2003

**Veterans Administration Medical Center – Northport, NY**

***Attending Physician***

July 2000 – August 2001

## RESIDENCIES

**St. Charles Hospital & Rehabilitation Center – Port Jefferson, NY**

***SUNY Stony Brook Department of Physician Medicine & Rehabilitation***

***Chief Resident***

June 1999 – June 2000

**Westchester County Medical Center – Valhalla, NY**

***Department of Radiation Medicine***

***Resident***

June 1997

**Staten Island University Hospital – Staten Island, NY**

***Department of Medicine***

***Intern***

June 1996

## CONTINUING EDUCATION

**UCLA – Berkley, CA**

***Medical Acupuncture for Physicians – Training Course***

June 2002

**Kessler Institute for Rehabilitation – West Orange, NJ**

***Upper and Lower Prosthetics and Orthotics – Annual Training Course***

March 2001

**Kessler Institute for Rehabilitation – West Orange, NJ**

***Kessler Manual Medicine Course***

September 2000

## EDUCATION

**Technion Faculty of Medicine – Haifa, Israel**

***Doctor of Medicine***

June 1995

**Touro College – Dix Hills, NY**

***Master of Arts – Physical and Biological Services***

September 1991

**State University of New York at Stony Brook – Stony Brook, NY**

***Bachelor of Arts – Political Science***

May 1989

## CERTIFICATIONS

**Certified Acupuncturist**

June 2002

**American Board of Physical Medicine and Rehabilitation**

***Board Certification***

June 2001, Recertified 2011

## LICENSURE

New York License # 210699

## PUBLICATIONS

Borenstein, David R.; "Hemodynamic Performance of Four Mechanical Bileaflet Prosthetic Valves in the Mitral Position: An Echocardiographic Study." *European Journal of Ultrasound*. 199; 8; 193-2.

## TV

Fox News with Dr. Manny 2016

## RADIO

WCBS 880 with Pat Farnack 2017

## RESEARCH

**Pfizer Pharmaceuticals**

Chief Investigator: A Controlled Trial Evaluating the Effect of Sildenafil on Sexual Functioning in Patients with Spinal Cord Injury

## PROFESSIONAL MEMBERSHIPS

American Academy of Physical Medicine and Rehabilitation

New York State Medical Society

America Academy of Anti-Aging Medicine

## MEDICAL MISSIONS

Medical missions to North Korea, Ghana, and Cuba.

## SPEAKING ENGAGEMENTS

**Naval Expo – Prolotherapy: Allowing the Body to Self-Repair Damaged Joints and Ligaments**  
2015

**New York Open Center for Holistic Health**

Guest speaker at numerous workshops on thyroid health, adrenal health, weight loss, perimenopause and menopausal health, with patient advocate and author Mary Shomon  
2009 – present

**AIG Insurance Company – Medical Necessity of Imaging and Diagnostic Testing**  
April 2005

**New York State Self-Insured Associated – Acupuncture in a Workers Compensation Setting**  
January 2003

## FEATURED IN THE MEDIA

**Documentary Film**

Featured in the Guggenheim Fellowship Award-winning documentary, “Sick to Death,” by Maggie Hadleigh-West

**Book**

Featured/quoted in *Beautiful Inside and Out: Conquering Thyroid Disease with a Healthy, Happy, “Thyroid Sexy” Life*, by Gena Lee Nolin and Mary Shomon, published by Simon & Schuster/Atria Books

**Print**

[\*The Huffington Post\* – October 2015](#)

*Woman’s Day Magazine*

*Epoch Times*

**Radio**

Joan Hamburg Radio Show – WOR 710 AM, New York City  
Blog Radio Network

**Online**

About.com Thyroid Site

HypothyroidMom.com

Everydayhealth.com

AOL.com

GenaLeeNolin.com/ThyroidSexy